



SWIMMER COACH/SWIM LESSON INSTRUCTOR APPLICATION FORM

Name _____

Address _____

Phone _____

Email _____

Interested In: (indicate with an "x")

Swimmer Coaching _____

Swim Lesson Instructor _____

Both Positions _____

Swim Sessions: (indicate which sessions you are available for work with an "x")

Note: All day sessions are Monday, Wednesday, and Friday from 11am – Noon. The night lessons are Wednesday evening from 6-7pm.

_____ Session 1 (Day)	Mon., June 13 th – Friday, June 30 th
_____ Session 2 (Day)	Mon., July 11 th – Friday, July 22 nd
_____ Session 3 (Day)	Mon., July 25 th – Friday, August 5 th
_____ Session 1 (Night)	Wed., June 15 th – Wed., July 27 th (no lesson on Wed., July 6 th)

1) Have you had previous experience with either position? If so, describe.

2) What would you say are your strengths as a coach and/or instructor?

3) Do you have other work experience? If so, describe.



4) Why are you interested in the position of swimmer coach and/or swim lesson instructor?

Please read below and answer questions 5 & 6:

SWIMMER COACH/SWIM LESSON INSTRUCTOR JOB DESCRIPTION FOR LSL SEA LIONS

Job Functions

- Swimmer Coach must be an active member of the LSL Swim team. Active is defined by 1) attending a minimum of 3 practices per week and 2) participating in a minimum of 4 swim meets during the season
- Swimmer Coach actively participates in swim practice set up and break down
- Swimmer Coach works practices as assigned by the Head Coach
- Swimmer Coach works one on one and in a group with swimmers providing constructive comments and swimming technique suggestions
- Swimmer Coach should be a good role model during practice by following instructions and working hard
- Swimmer Coach assists with meet sign ups and relays of younger swimmers during the swim meets
- Swimmer Coach actively participates in "in water" coaching with swimmers

Job Qualifications:

- Minimum age: 15 years and/or entering Freshman year in High School
- Strong understanding of swim technique, swim coaching experience a plus but not required
- CPR certified

5) After reviewing the above job functions and qualifications, do you feel you could uphold the job functions and meet the job qualifications?

6) Do you need to be CPR certified?